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Coping Cat Workbook, Second Edition
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Coping Cat Workbook by Philip C. Kendall

The Coping Cat Program (and the C.A.T. Project workbook) can be implemented by any mental health therapist or counselor working with a child such as a psychologist, social worker, school counselor, behavioral specialist, therapeutic support staff (TSS), or mobile therapist. The program is typically implemented

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over 16 weeks.

Evidence Suggests That the Coping Cat Program Reduces ...

Safety-seeking and coping behavior during exposure tasks with anxious youth Hedtke, K. a, Kendall, P. C., & Tiwari, S. (2009) Journal of Clinical Child and Adolescent Psychology, 38(1), 1–15. Coping with anxiety, not seeking safety, can be beneficial. Anxiety and Autism Spectrum Disorders (ASD)

Child Anxiety Tales - Books and Therapist Manuals

The Camp Cope-A-Lot and Child Anxiety Tales programs are based on the Coping Cat treatment, the most researched, well-established psychotherapy treatment program for anxiety in youth. It is the gold-

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The Coping Cat program is a CBT manual-based and comprehensive treatment program for children from

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7 to 13 years old with separation anxiety disorder, social anxiety disorder, generalized anxiety disorder, and/or related anxiety disorders. It was designed by Philip C. Kendall, PhD, ABPP, and colleagues at the Child and Adolescent Anxiety Disorders Clinic at Temple University.

Coping Cat - Wikipedia

By the way, related with Coping Cat Worksheets, we have collected various related photos to complete your ideas. cat preposition worksheet, coping with anxiety worksheets and coping with anxiety worksheets are three of main things we want to present to you based on the post title. Continue with more related things as follows anti-smoking worksheets for kids, coping skill bingo card printable and cat worksheets.

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See scale of 1-5 Child Welfare System
Relevance Level: Medium
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M.A., Hudson, J., Webb, A. (2002)CAT

Project Manual for Cognitive

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Adolescents, Philadelphia: Workbook

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S., Manassis, K., Bradley, S.,

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